

Dear Parents or Sponsors,

Thank you for choosing to send your child/children to Cedar Lake Camp. We look forward to investing in your child this week at camp. It will be a week of adventure, Bible study, fun, fellowship and so much more! Canoe camp is a co-ed camp designed to challenge, strengthen, and refresh you physically and spiritually. Canoe campers will canoe on Dale Hollow Lake and have a **primitive camping experience** on Geiger Island for the week.

# PLEASE READ CAREFULLY AND COMPLETELY

Here is a list of things you need to know for Canoe Camp:

# **Check-in and Check Out:**

• <u>CHECK-IN DAY AND TIME:</u> Sunday from 4-5 pm CST in our Dining Hall. \*NOTE: Check-In will begin at 4pm CST. We are in Central Time Zone so please make note of that in your departure time for camp. To allow our staff to attend church, eat lunch, and be ready for your camper, early arrivals are discouraged. If you do arrive early, please enjoy the view from the front porch of the dining hall or walk our beautiful grounds until 4pm CST. LATE ARRIVALS: Please let us know if you will be arriving after 5pm

### **CHECK-IN PROCEDURE:**

- 1. Check-in your camper and pay any remaining balances (ALL BALANCES NEED TO BE PAID A WEEK BEFORE CAMP ARRIVAL)
- 2. Take belongings to assigned cabin and set up bed (Sunday night only)
- <u>CHECK-OUT DAY AND TIME:</u> Saturday at 11am at our dining hall. A PHOTO ID MAY BE REQUIRED
- PAYMENT AND REFUND POLICY: Minimum deposit is required at time of enrollment to secure your camper's spot. Deposit is non-refundable but is transferrable for up to 12 months from original camp date. Balance of fees and store money is due no later than a week before camp arrival. There are no refunds for early pickup for homesickness or illness.

## **Camp Program & Information:**

- <u>Program:</u> This primitive style adventure camp is fun and enjoyable for all. The schedule revolves
  around meals and Bible study times with a good amount of free time in-between. Activities
  include:
  - <u>Canoeing:</u> Campers will canoe to Geiger Island and be permitted to canoe around the island during the week.
  - **Swimming:** Campers will have the opportunity to swim in Dale Hollow Lake.
  - Volleyball: Campers will be assigned a team to play on if they so choose.
  - Free Time: Campers can nap, play, hike, swim, or just hang out for a majority of the day
  - Evening Campfires: A time of worship and study of God's Word in a large group setting.
  - Small Groups: A time of prayer and study of God's Word in an assigned small group.
  - **Purity Talk:** Because this camp is 13+ we do a purity talk to discuss and encourage a lifestyle consistent with the Bible's view of sex between one man and one woman in marriage.
  - <u>Snack Shack/Camp Store:</u> Store will be open during check-in ONLY (Sunday 4-5 pm CST) to allow campers to pick up free shirt and purchase other items/snacks.
    - <u>Tshirts</u>-Each Canoe camper will receive ONE free shirt. These will be available for pick up during check-in.
- Meals: Three meals a day are included in your camp fees. All meals are prepared on the island. \*\*\*Campers need to bring their own bowl, utensils, and water bottle (recommended). Food Allergies: We don't want any child to miss out on camp due to food allergies. Please inform us of your camper's needs and we will do our best to make adjustments within reason for minor food allergies/intolerances. If your child has a severe food allergy, we ask that you please send food substitutions and instructions for preparation in order to guarantee they do not eat something they shouldn't. PLEASE KEEP IN MIND THIS IS A PRIMITIVE CAMPING EVENT so please send food that is appropriate and can be prepared outside.
- <u>Campsite Placement:</u> Canoe campers are divided by gender. Girls sleeping area is on one end of the island, guys on the other. There is a common area in the middle for meals, campfires, and games.
- Groups/Group Holds: The group hold feature allows groups to hold a number of spots for campers for a limited amount of time. It is available for groups of all sizes, however it is typically for groups of 10 or more. Group Discount: In order to receive the 10% discount per camper you MUST be part of a group of 10 or more (campers in a group can come different weeks and be both genders) AND enter the group code for each individual camper at the time of registration. Again, you MUST have this group code in order to receive the group discount for groups of 10 or more.
- Lost and Found: We will have lost and found items available for your camper to look through at the end of the week. Please label ALL your camper's belongings with their name. We encourage everyone to look through the items carefully as we will not be able to return any items after the camper's completed week. All lost and found items not picked up will be donated at the end of each camp week.
- Questions/Concerns: Call 931-823-5656 or email clcstaff@cedarlakecamp.org
- <u>Donations/Partners:</u> We are always appreciative of any donations made to help us improve and maintain our programs/facilities and sponsorships for kids who cannot afford to come to camp. If you would like to make a donation to our general fund or sponsor a child, you may do so in the following ways: 1. at the time of registration (these donations will go to our scholarship fund) 2. anytime by check 3. anytime online at our website cedarlakecamp.org. Please make checks payable to Cedar Lake Camp or CLC and mail to 235 Conatser Lane, Livingston, TN 38570. For checks and online donations through our website, make note if your donation is for general fund or scholarship on the memo line of your check or the comments box online. Thanks in advance for partnering with us in the work God is doing here at Cedar Lake Camp.

# WHAT TO BRING/NOT TO BRING FOR CANOE CAMP:

### WHAT TO BRING:

# A fun, flexible attitude!!

## **Bring Friends!!**

Keep in mind that all personal and camp gear will need to be transported by pontoon to the Island. And it will need to be carried up a fairly long and steep incline to get onto the Island. So space and muscles may be limited please do not bring unnecessary gear or excessive clothing.

#### **General Gear**

Sleeping bag or bed roll

Pillow

Bath/beach towel

Toiletries (soap, shampoo, toothbrush, toothpaste, etc)

Sunscreen Bug spray

Rope or para-cord (for tarps and hammock sleeping)

Non-breakable washable bowl/plate, utensils, water bottle

Flashlight and extra batteries Extra garbage and plastic baggies

Notebook & pen

Bible

#### Clothing

We typically have cool mornings on the island and usually

experience some rain (pack appropriately)

Light jacket or hoodie

Raingear

Clothes for the duration (you carry what you pack!)

GIRLS: modest one-piece swimsuit

GUYS: shorts type swimsuit/boardshorts (NO SPEEDOS)

1 pair closed toes shoes (preferably old tennis shoes)

Flip-flops, sandals, or water shoes (will be needed to wear

in lake when swimming/bathing)

Hat (if that is your style)

#### Shelter

Option 1: One Person Tent with rain fly or tarp. (Please make sure it's designed to camp in the rain, FYI play child tents are not.)

Option 2: 1 or 2 poly or plastic tarps (10X10) and a hammock with straps. Tarps are secured above with rope for shelter

Option 3: Some prefer a Hammock for sleeping and a small tent for storing clothing and gear. Just please remember space is limited for gear. Keep it minimal. (You carry what you bring!)

# Packing Instructions & Tips

Pack light, we have tools and cooking gear please do not bring unnecessary items. If you are unsure call and ask. Pack gear/clothing in plastic bag and then put in duffle bag to help keep dry. **Suggestion:** Put all bags in large garbage bags and label with campers name. This bag will be transported to the island by pontoon boat, know that it could rain alone the way. You will need a small bag/backpack (preferably waterproof) to keep your essentials (snacks, sun screen, etc.) in your canoe. It is also a good idea to keep drinking water in your canoe and sun screen.

#### MAKE SURE TO LABEL ALL GEAR WITH YOUR NAME!!!!!

## WHAT NOT TO BRING:

Cell phone

Electronics (Ipads, games, etc.)

There will be absolutely no tobacco, drugs, alcohol, fireworks or weapons

No inappropriate clothing

No inappropriate reading material

Excessive gear or clothing

We look forward to the experience that each of us will have during a week that will be packed with physical and spiritual challenges. Canoe Camp is an exciting time to study God's Word in the beauty of God's creation.

Sincerely,

The Cedar Lake Camp Staff